On and on and always slowly nowhere (a solo)

Play a sound (tone/noise/timbre-texture) sustained for a very long time, dwell within it with no intentional changes of sound quality, gradually allowing it to become softer and softer until very soft; sustain it so longer.

Then begin a cycle: out-breath/sound (sustained or short), in-breath/silence (duration of in-breath about 4 or more seconds), the sound very soft, with an almost even cycle of breath in and out (almost, that is to say, allowing for slight deviations as needed so that it isn't rigidly mechanical); *(the same sound over and over)*; continue for a long time.

Then begin to sing (whatever) softly, fragments of phrases within silences (with or without the instrumental breath-cycle soundings) for a while.

Stop. Begin again another (different) very long sustained sound as before allowing it to become softer and softer until very soft; sustain it so longer --- then stop.

*with thoughts of Samuel Beckett, this music at a time of regaining health*

Malcolm Goldstein
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