

on and on and always slowly nowhere (a solo)

Play a sound (tone/noise/timbre-texture) sustained for a very long time, dwell within it with no intentional changes of sound quality, gradually allowing it to become softer and softer until very soft; sustain it so longer.

Then begin a cycle: out-breath/sound (sustained or short), in-breath/silence (duration of in-breath about 4 or more seconds), the sound* very soft, with an almost even cycle of breath in and out (almost, that is to say, allowing for slight deviations as needed so that it isn't rigidly mechanical); *(the same sound over and over); continue for a long time.

Then begin to sing (whatever) softly, fragments of phrases within silences (with or without the instrumental breath-cycle soundings) for a while.

Stop. Begin again another (different) very long sustained sound, as before allowing it to become softer and softer until very soft; sustain it so longer --- then stop.

[with thoughts of Samuel Beckett,
this music
at a time of regaining health]

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May 16, 2011 Montréal

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